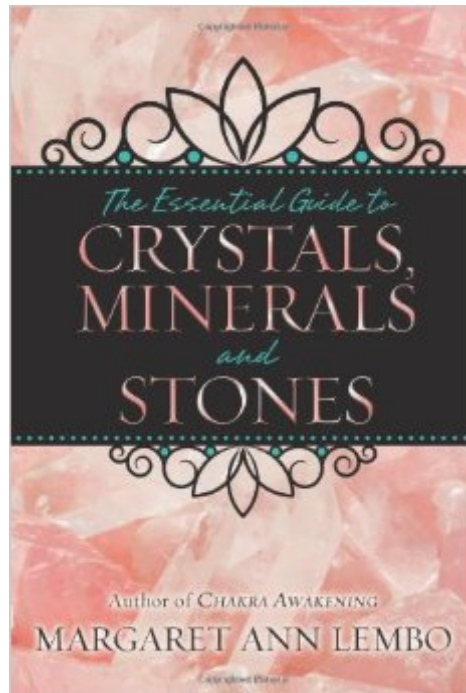


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# The Essential Guide To Crystals, Minerals And Stones



## Synopsis

Improve your life on all levels—mentally, physically, emotionally, and spiritually—with this essential reference guide to 160 easily-procured crystals, minerals, and stones. Packed with practical knowledge and 190 beautiful full-color photos, this easy-to-use handbook will teach you all about the gemstone world. Each page provides you with concise information: stone name and properties, color, corresponding chakra, planet, element, zodiac sign, numerological association, and mental, emotional, physical, and spiritual uses. Margaret Ann Lembo's™ metaphysical crystal directory will also give you Mohs scale ratings, divinatory meanings, and a series of positive affirmations for each stone. Learn how to charge, cleanse, and use gemstones in healing grids, plus how to use them as oracles for personal development and spiritual awakening. Praise: "When energetically used with the understandings and tips provided in this A-Z essential guide, all good things are possible. Your 'everything' go-to for crystals!" —Cyndi Dale, bestselling author of *The Complete Book of Chakra Healing and Beyond Soul Mates* "A must-have guide for anyone who even enjoys picking up rocks. Her straight-from-the-hip approach is matched by her passion, love and knowledge of each and every geode, multifaceted crystal, and everything in between." —Joan Ranquet, author of *Communication with All Life*

## Book Information

Paperback: 456 pages

Publisher: Llewellyn Publications; 1st edition (April 8, 2013)

Language: English

ISBN-10: 0738732524

ISBN-13: 978-0738732527

Product Dimensions: 6.1 x 0.8 x 9 inches

Shipping Weight: 1.8 pounds (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 stars — See all reviews (42 customer reviews)

Best Sellers Rank: #104,265 in Books (See Top 100 in Books) #42 in Books > Science & Math > Earth Sciences > Rocks & Minerals #46 in Books > Religion & Spirituality > New Age & Spirituality > Divination > Crystals #1120 in Books > Religion & Spirituality > Occult & Paranormal

## Customer Reviews

Even if you don't collect stones as I do, or aren't interested in planets and the zodiac...maybe you are fascinated by chakras and how to bring your thoughts and body into well-being. This book is visually attractive with individual pictures of stones and quartz in amazing color. It will tell you

mental, spiritual, emotional and physical uses of each stone. It lists affirmations, chakra, astro and planet of each stone. This is a substantial 400 plus page workbook for novice and teacher alike. It has become my go-to book for info regarding stones. Not a disappointment and a should-buy.

The Essential Guide to Crystals, Minerals and Stones by Margaret Ann Lembo is an extraordinary guidebook to the stones that decorate our homes, jewelry, and lives. If you want to learn more about what the gemstones mean, this is an excellent guide to come back to again and again. The Essential Guide to Crystals, Minerals and Stones is a truly essential book for crystals, gemstones, and minerals. If there is one book that you want to invest in to learn more about crystals, minerals, and stones - this is the book to buy! The pictures are all in full color and the two page guide to each of the 190 specimens contains all of the information you'll realistically need to know about each stone. You'll learn about the color, chakra, planet, number, element, mohs scale, astrological sign, affirmation, spiritual use, mental use, emotional use, physical use, divine guidance, and general information about each stone. You will also learn about how to choose your crystals, what the shapes and sizes mean of the stones, how to clean and charge your crystals, which gemstones work best for each chakra, how to use the stones in your home, and much more. I absolutely love this book and have been using it almost daily since I received it. It is the perfect reference book and I have honestly learned so much from it. I highly recommend it.\* Thank you to the publisher of The Essential Guide to Crystals, Minerals and Stones, Llewellyn, for providing me with a copy of this book for review. All opinions expressed are my own.

I got my book from the mail today, and so far, I have no regrets on buying it. I liked the fact that the author have included and described each crystal's spiritual, mental, emotional, and physical uses, plus its affirmation. A great book for crystal lovers like me.

While I purchased this book, primarily as a gift, a thumb through revealed that this is one more tuned to the metaphysical aspects of stones, though it delves a little into what the stone is actually made of from a more scientific stand point. Many of the stones revealed here are well known although not all stones are mentioned as I could not find at least one or two that are my faves mentioned here. Almost everything else is and some are even showcased that have different aspects depending on color. Nonetheless, this does make a handy guide for either beginner or adept as one seeking to find the more unusual stones or one seeking to renew an old reliable

standby that has been somehow lost. For those wanting to know what the stones can do rather than merely what they are, this is a very good guide, one well represented with beautiful illustrations of the stones and a more comprehensive explanation as to their more mystical aspects. While it is a very good guide, and one I recommend for anyone interested, it is better to also have other books to showcase any stones it fails to mention--or are too new to be mentioned at the moment, since the subject of stones is an ever expanding one.

Of all the crystal books I've purchased this one has been very insightful and very helpful. This book contains a lot of the information that I need in one book without having to buy several..

I was so happy to find a book that included multiple aspects of crystals and minerals. The book provides info for spiritual, mental, emotional, physical and divine uses, along with corresponding colors, chakras, planets, astro signs, etc. The appendices are wonderful, providing appropriate stones for astro signs, professions, and chakras, etc. I was also pleased that it included information on crystal grids and alignments. Such a beautiful, comprehensive book. I highly recommend it.

I really like this book a lot. It might not have a comprehensive list of all the crystals, but includes many common ones. Photos are great. I just began collecting crystals, minerals and gemstones so am not familiar with what most of them look like --- so I brought the book with me to the rock store so I would have an idea of what the stone should look like. Very helpful book because of the photos, stones' properties and other information that's in the book. In addition to information about specific stone, the author provides basic information related to stones (such as cleansing them).

Used this book to help me select crystals and stones at the Tucson Gem Show. I like it for the information and meditations that it provides. Pictures are very clear. Used in conjunction with Judy Hall Encyclopedia of Crystals to identify stones by color. I am just beginning to work with crystals and I think it is a good book to start with.

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The Essential Guide to Crystals, Minerals and Stones  
The Book of Crystal Spells: Magical Uses for Stones, Crystals, Minerals ... and Even Sand  
Cassandra Eason's Healing Crystals: An Illustrated Guide to 150 Crystals and Gemstones  
Crystals and Sacred Sites: Use Crystals to Access the Power of Sacred Landscapes for Personal and Planetary Transformation  
Reiki and Crystals and Healing Stones Box Set  
Crystal Healing, Vol. 2: The Therapeutic Application of Crystals and Stones

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